



In addition to serving as Director of the Evidence Based Coaching Program at Fielding Graduate University, she is the principal coach for The Willow Group. She is author of the book ‘Silenced and Sidelined: How women leaders find their voices and break barriers.’

Dr. Arnold trained as a leadership coach at Georgetown University through their Center for Continuing and Professional Education. She is certified by the International Coach Federation (ICF) as a Master Certified Coach (MCC) and a Board Certified Coach (BCC). She holds three degrees from Fielding Graduate University, including a PhD in Human Development. She is also a fellow with the Institute for Social Innovation and continues post-doc research on voice and silencing.

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Dr. Arnold has a 27-year career that includes two decades in healthcare serving as a human resources and organization development leader. In 2011, she began her private practice as a leadership and executive coach, primarily partnering with leaders in the federal government, education, and healthcare. Her non-profit focus has positioned her to work alongside a diverse group of clients with strong social justice priorities. She is a master certified coach (MCC) with accredited coach training from Georgetown University. She has experience with curricular development and program management.

*Fielding is well-positioned to be a powerful support for those trying to lead in 2020. What was required before is not what is required now or in the future. It is an honor to be part of shaping the voice of not just future coaches, but those who are committed to shifting the conversation.” — Dr. Carrie Arnold*

Dr. Arnold received three degrees from Fielding Graduate University; a master’s in organization management along with another master’s and Ph.D. in human development. She is the first recipient of the inaugural Dianne Kipnes Fund for Social Innovation—for her research project, “The Silenced Female Leader.” Her student experience at Fielding has given her a well-versed appreciation of Fielding’s unique distributed learning environment.

