

Dr Andrea Giraldez-Hayes is a chartered psychologist and an internationally respected coaching psychologist, supervisor and consultant. She is Programme Director of the MSc in Applied Positive Psychology and Coaching Psychology and Director of the positive psychology and coaching psychology arm of the Wellbeing and Psychological Services Centre at the University of East London's School of Psychology. As a consultant, she has worked for international and governmental organisations in Spain, Latin America and the UK. She is an active practitioner and researcher and is in demand internationally as a keynote conference speaker. Andrea has co/authored books and published on peer reviewed journals. Her last publications include Applied Positive School Psychology (Routledge, 2022, edited with Jolanta Burke), Exploring the experience of using music and creative mark-making as a reflective tool during coaching supervision: An Interpretative Phenomenological Analysis (McManus – Giraldez-Hayes, 2021) and Different domains or grey areas? Setting boundaries between coaching and therapy: A thematic analysis (2021). Her main research interests are the boundaries between coaching and therapy and the use of arts and creativity in coaching psychology and supervision. She is currently the chair of the British Psychological Society's Coaching Psychology Training Committee and member of the editorial board of a number of peer reviewed coaching psychology and positive psychology journals, including Coaching: An International Journal of Research, Theory and Practice, International Coaching Psychology Review and Journal of Positive Psychology.