Desiree empowers women to live their fullest potential. At the early age of 17, Desiree became a teen mentor that trained students in self-image, self-esteem, and decision-making. Fast forward, she has transformed from a teacher to the Co-founder and Chair of a nonprofit dance company that uses the art of dance and spiritual growth to change the lives of over 5,000 women and girls through its programs and performances. Today, Desiree is an empowering coach and trainer for one of the most recognized leadership training companies in the world, where she has trained over 3,000 education professionals in leadership and culture. As a certified master life coach, Desiree is frequently called by her clients, "The 'Get Your Life' Coach"! In her book, 'Get Your Life Today' Desiree delivers practical tools to stay true to your personal definition of success with 7 success hacks for life, leadership, and business. She is a proud alum from Hampton University with her BA and MBA in management.